



***Strengthening Health, Wellness, and
Financial Security Through Total Force
Fitness***

Webinar Event Page: <https://oneop.org/learn/160049/>

Webinar References

Blue Star Families. (2020). *2020 Military Family Lifestyle Survey Comprehensive Report*.
https://bluestarfam.org/wp-content/uploads/2021/03/BSF_MFLS_CompReport_FULL.pdf

Chokshi, B., Zven, S., Burris, R., Wido, M., & Hisle-Gorman, E. (2024). Military Family Perspectives on Enrollment and Engagement in the WIC Program. *MILITARY MEDICINE*. <https://doi.org/10.1093/milmed/usae192>

County Health Rankings and Roadmaps. (n.d.). *Health Outcomes*.
<https://www.countyhealthrankings.org/health-data/health-outcomes>

Department of Defense. (2022). *Strengthening Food Security in the Force: Strategy and Roadmap*.
<https://media.defense.gov/2022/Jul/14/2003035423/-1/-1/1/STRENGTHENING-FOOD-SECURITY-IN-THE-FORCE-STRATEGY-AND-ROADMAP.PDF>

Department of Defense. (2023). *Strengthening Food Security in the Force: Building on Our Progress*.
<https://download.militaryonesource.mil/12038/MOS/Economic-Security/strengthening-food-security-in-the-force-strategy-and-roadmap-2023.pdf>

Hager, E. R., Quigg, A. M., Black, M. M., Coleman, S. M., Heeren, T., Rose-Jacobs, R., Cook, J. T., Cuba, S. A. E. de, Casey, P. H., Chilton, M., Cutts, D. B., Meyers, A. F., & Frank, D. A. (2010). Development and validity of a 2-item screen to identify families at risk for food insecurity. *Pediatrics*, *126*(1), e26–e32.
<https://doi.org/https://pediatrics.aappublications.org/cgi/content/abstract/126/1/e26>

National Patient Safety Goal to Improve Health Care Equity. (2022, December 20). *The Joint Commission*.

https://www.jointcommission.org/-/media/tjc/documents/standards/r3-reports/r3-report_npsg_16.pdf

Office of Disease Prevention and Health Promotion. (n.d.) *Healthy People 2030: Literature Summary: Food Insecurity*.

<https://health.gov/healthypeople/priority-areas/social-determinants-health/literature-summaries/food-insecurity>

Office of Disease Prevention and Health Promotion. (n.d.) *Healthy People 2030: Social Determinants of Health*.

<https://health.gov/healthypeople/priority-areas/social-determinants-health/literature-summaries/food-insecurity>

Rabbitt, M. P., & Beymer, M. R. (2024). *Comparing food insecurity among the U.S. military and civilian adult populations* (Issue 331). USDA Economic Research Service.

<https://doi.org/https://www.ers.usda.gov/publications/pub-details/?pubid=108942>

Rabbitt, M. P., Beymer, M. R., Reagan, J. J., Jarvis, B. P., & Watkins, E. Y. (2022). Food insecurity among active duty soldiers and their families during the coronavirus disease 2019 pandemic. *Public Health Nutrition*, 25(8), 2329–2336.

<https://doi.org/10.1017/S1368980022000192>

Rand Corp Santa Monica CA. (2023). *Food Insecurity in the U.S. Military: Responses to Eight Topics Raised by Congress* (Office Of The Secretary Of Defense Washington Dc (Ed.)). Non Paid ADAS.

Secretary of Defense Memorandum on Strengthening Economic Security in the Force. (2021, November 17). *US Official News*.

<https://media.defense.gov/2021/Nov/17/2002894808/-1/-1/1/STRENGTHENING-ECONOMIC-SECURITY-IN-THE-FORCE.PDF>

United States Department of Agriculture – Economic Research Service. (2023, October 25). *Definitions of Food Security*.

<https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-u-s/definitions-of-food-security>

United States Department of Agriculture – Economic Research Service. (2023, October 25).

Key Statistics and Graphics.

<https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-u-s/key-statistics-graphics/>

Zven, S. E., Graziose, B., Smith, K., Sorensen, I., Hisle-Gorman, E., & Chokshi, B. (2024).

Evaluating WIC Engagement and Food Insecurity Among Active Duty Military Families. *Military Medicine*, 189(5–6), e1270–e1276.

<https://doi.org/10.1093/milmed/usad447>

The above resources, links, and references may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

This material is based upon work supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, and the Office of Military Family Readiness Policy, U.S. Department of Defense under Award Number 2019-48770-30366 and 2023-48770-41333.