

# Formerly Military Families Learning Network

### Working with Adolescents in the Wake of Community Trauma

The following resources may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

### **Books & Articles:**

- Evans-Campbell, T. (2008). <u>Historical trauma in American Indian/Native Alaska communities: A multilevel framework for exploring impacts on individuals, families, and communities</u>. *Journal of interpersonal violence*, 23(3), 316-338.
- Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., & Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The Adverse Childhood Experiences (ACE) Study. American journal of preventive medicine, 14(4), 245-258.
- Figley, C. R. (Ed.). (1995). <u>Compassion fatigue: Coping with secondary traumatic stress disorder in those who treat the traumatized</u>. Brunner/Mazel.
- Ginsburg, K. R., Jablow, M. M., & American Academy of Pediatrics. (2011). Building resilience in children and teens: Giving kids roots and wings. (*No Title*).
- Ginwright, S. (2018). <u>The future of healing: Shifting from trauma informed care to healing centered engagement</u>. *Occasional Paper*, *25*, 25-32.
- Gurwitch, R. H., Kees, M., Becker, S. M., Schreiber, M., Pfefferbaum, B., & Diamond, D. (2004). When disaster strikes: Responding to the needs of children. *Prehospital and Disaster Medicine*, 19(1), 21-28.
- Hoffman, K., Cooper, G., & Powell, B. (2017). <u>Raising a secure child: How circle of security parenting can help you nurture your child's attachment, emotional resilience, and freedom to explore</u>. Guilford Publications.
- Kilpatrick, D. G., & Saunders, B. E. (1997). <u>Prevalence and consequences of child victimization:</u> <u>Results from the National Survey of Adolescents: Final report</u>. *Washington, DC: US Department of Justice, Office of Justice Programs*.
- Matsumoto, D., & Juang, L. (2016). Culture and Psychology (6th Ed.). Cengage Learning.
- Mohatt, N. V., Thompson, A. B., Thai, N. D., & Tebes, J. K. (2014). <u>Historical trauma as public narrative: A conceptual review of how history impacts present-day health</u>. *Social science & medicine*, 106, 128-136.
- Newell, J. M., & MacNeil, G. A. (2010). <u>Professional burnout, vicarious trauma, secondary traumatic stress, and compassion fatigue</u>. *Best practices in mental health*, *6*(2), 57-68.
- Pfefferbaum, B., Noffsinger, M. A., Wind, L. H., & Allen, J. R. (2014). <u>Children's coping in the context of disasters and terrorism</u>. *Journal of loss and trauma*, *19*(1), 78-97.
- Saltzman, W. R., Pynoos, R. S., Layne, C. M., Steinberg, A. M., & Aisenberg, E. (2001). <u>Trauma-and grief-focused intervention for adolescents exposed to community violence: Results of a school-based screening and group treatment protocol</u>. *Group dynamics: Theory, research, and practice, 5*(4), 291.
- Sotero, M. (2006). A conceptual model of historical trauma: Implications for public health practice and research. Journal of health disparities research and practice, 1(1), 93-108.
- Sue, D. W., Sue, D., Neville, H. A., & Smith, L. (2022). *Counseling the culturally diverse: Theory and practice*. John Wiley & Sons.

### **Healing-Centered Engagement Resources:**

• Chavez-Diaz, M., & Lee, N. (2015). <u>A conceptual mapping of healing centered youth organizing:</u> <u>Building a case for healing justice</u>. *Urban Peace Movement*, 1-16.

- From Trauma-Informed Care to Healing-Centered Engagement: A youth work teach-in with Dr. Shawn Ginwright (archived webinar)
- Healing Centered Engagement Toolkit from Flourish Agenda
- <u>Tackling Unhealed Trauma: A guide to healing-centered engagement, an innovative mental health</u> model
- The Future of Healing: Shifting from Trauma Informed Care to Healing Centered Engagement
- Trauma-Informed/Healing-Centered Engagement Teaching Resources

# **Military Family Specific Resources:**

- Military OneSource
- Military OneSource: Military Family Life Counseling Program

## **Natural Disaster Related Resources:**

- A Children's Guide to Coping With Disasters
- Coping After a Natural Disaster: Resources for Teens
- Coping Tips for Traumatic Events and Disasters
- Helping Children and Adolescents Cope with Traumatic Events
- Helping Children Cope
- Helping Children Cope with Disaster
- Helping Teens Cope After a Natural Disaster
- Large-Scale Natural Disasters: Helping Children Cope
- Natural Disasters: Helping Kids During Crisis
- Trauma and Children: A Guide for Helping Children Manage Traumatic Events

### **Other Resources:**

- AAP.org
- Boys & Girls Clubs of America
  - Youth Mental Health
  - Trauma-Informed Boys & Girls Clubs Standards of Practice
  - Understanding Childhood Trauma: Ways to Support Young People
- National Child Traumatic Stress Network

## **Various OneOp Resources:**

- Applying a Positive Youth Development Framework to Increase Resiliency and Thrive
- Bridging Gaps: Equity-Centered Approaches in Trauma-Informed Schools
- Childhood Trauma: Understanding, Supporting, and Preventing (asynchronous course)
- Promoting Youth Mental Well-Being by Building Social Emotional Learning Skills
- Responding to Adverse Childhood Experiences (ACEs) with HOPE: Positive Childhood Experiences make a Difference for Military Families in Transition
- Resources Related to Disaster Readiness and Response
  - o Disaster and Emergency Preparedness with Ready.gov
  - o Disaster and Hazard Readiness Foundations (asynchronous course)
  - o Disaster and Hazard Readiness in Action (on-demand webinars)
  - o Financial Preparedness and Natural Disasters
  - o Preparing for Disasters
  - o Preparing Your Emergency Food Stockpile Before the Next Disaster
- Struggle Well: Thriving in the Aftermath of Trauma
- The National Child Traumatic Stress Networks' School Personnel Resources
- Tips for Providers & Caregivers to Manage Secondary Trauma