

Coping Compass: Identifying and Addressing Problematic Behavior



ABOUT THIS WEBINAR:

Professionals who work with middle and high school students need to be able to effectively recognize and manage challenging or problematic behaviors in adolescents. This webinar will provide insight into the underlying causes of behaviors often associated with anxiety, depression, antisocial behavior, and suicidal ideation.

PRESENTER:

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Asst. Professor, Georgetown University Medical School

EVENT PAGE:

<https://oneop.org/learn/160060/>

CONTINUING EDUCATION:

- **Certified Family Life Educators:** This webinar is pending approval for 1.5 continuing education (CE) credits from the National Council on Family Relations (NCFR).
- **Family & Consumer Sciences Professionals:** This webinar is pending approval for 1.5 continuing education (CE) credits from the American Association for Family and Consumer Sciences (AAFCS).
- **Social Workers, Licensed Professional Counselors, and Licensed Marriage and Family Therapists:** This webinar is pending approval for 1.5 continuing education (CE) credits from the University of Texas at Austin, Steve Hicks School of Social Work.

LEARNING OBJECTIVES

In this webinar we will:

1. Understand the underlying causes and triggers of problematic adolescent behavior and learn effective strategies for early identification.
2. Learn about intervention techniques to address and modify challenging behaviors and create a positive, supportive environment.
3. Foster better student-professional relationships to support behavioral improvement and student well-being.