

Enhancing Military Family Well-Being: Understanding and Nurturing Economic Security

Webinar Additional Resources

<https://oneop.org/learn/160051/>

OneOp Programming

- PowerUp Article | “Maximizing Financial Wellness: Cooperative Extension's PowerPay for Military Service Providers”
<https://www.flipsnack.com/CCD59EAA9F7/powerup-august-2024/full-view.html?p=8>
- Practicing Connections Podcast Episode | "An Ecosystem of Military Family Support with Nicola Winkel"
<https://oneop.org/learn/learning-from-each-other-s-5-ep-5/>
- Course | “The Cooperative Extension System: A Force Multiplier for Military Family Readiness”
<https://oneop.org/learn/the-cooperative-extension-system-a-force-multiplier-for-military-readiness/>
- Blog Post | “How the Total Force Fitness Framework is Applicable to Caregivers & Providers”
<https://connect.extension.org/blog/how-the-total-force-fitness-framework-is-applicable-to-caregivers-and-providers>

Webinar Citations

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Fig. 1

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- Hawkins, B. L., Townsend, J. A., & Garst, B. A. (2016). Nature-based recreational therapy for military service members: A strengths approach. *Therapeutic Recreation Journal*, 50(1). <https://doi.org/10.18666/trj-2016-v50-i1-6793>
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<https://doi.org/10.1080/23311908.2018.1444330>
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- U.S. Centers for Disease Control and Prevention. 2024. Social Determinants of Health (SDOH) at the CDC. Social Determinants of Health (SDOH) at CDC | About CDC | CDC
- U.S. Department of Defense, Military Health System. Total Force Fitness webpage. Total Force Fitness | [Health.mil](https://www.health.mil)

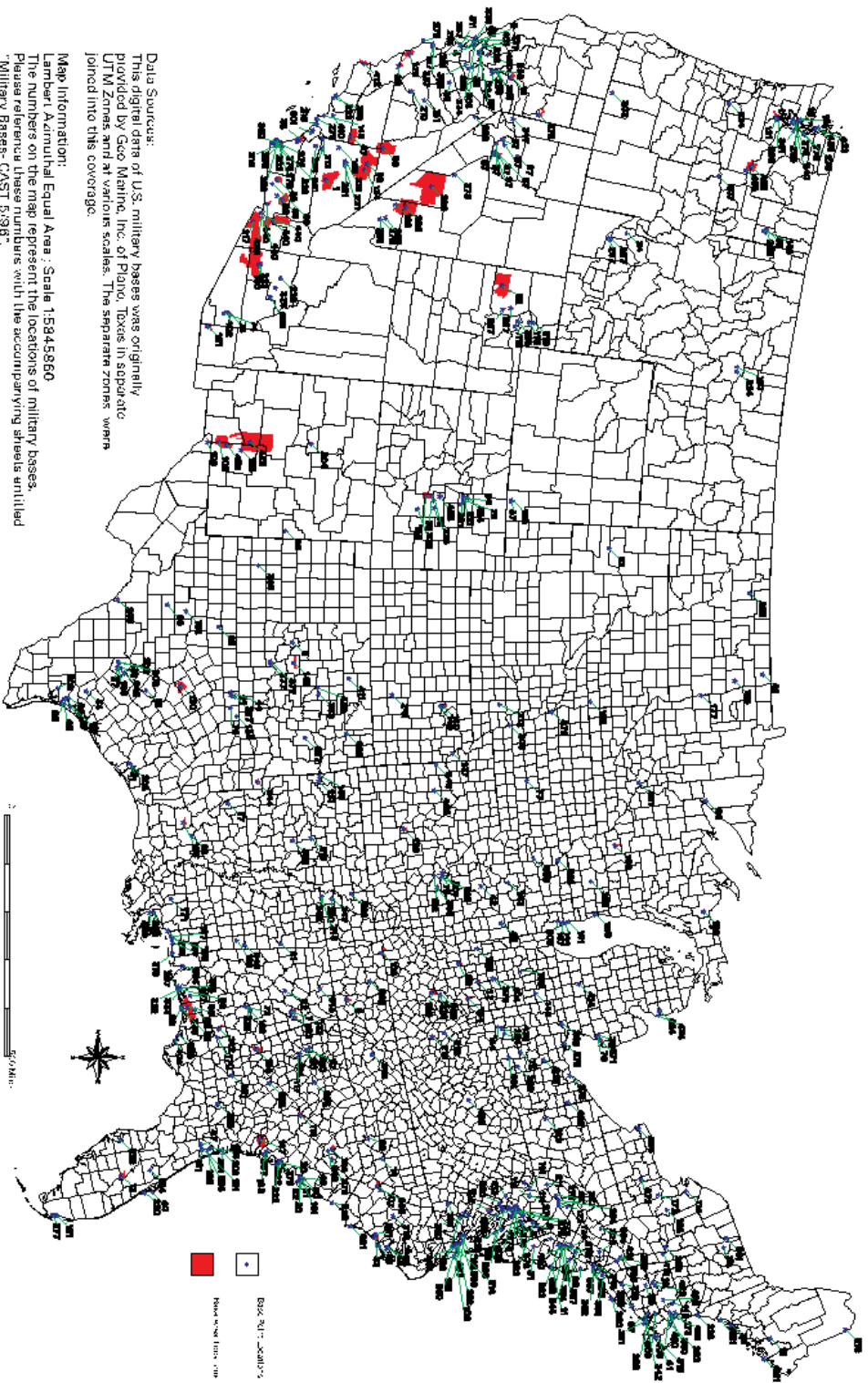
U.S. Department of Defense, DoD Instruction. 2021. 1342.22 Military Family Readiness. DoDI 1342.22, Military Family Readiness, August 5, 2021 (whs.mil)

U.S. Senate Committee on Armed Forces. 2024. Summary of the Fiscal Year 2024 National Defense Authorization Act. FY24 NDAA Agreement Executive Summary (senate.gov)

Wikimedia Foundation. (2024, July 1). List of land-grant universities. Wikipedia. https://en.wikipedia.org/wiki/List_of_land-grant_universities. Fig. 2.

The above resources, links, and references may include both free and fee-based resources and inclusion in this list does not constitute endorsement by DoD or USDA.

Military Bases in the Continental United States





United States Department of Agriculture
National Institute of Food and Agriculture

NIFA LAND-GRANT COLLEGES AND UNIVERSITIES

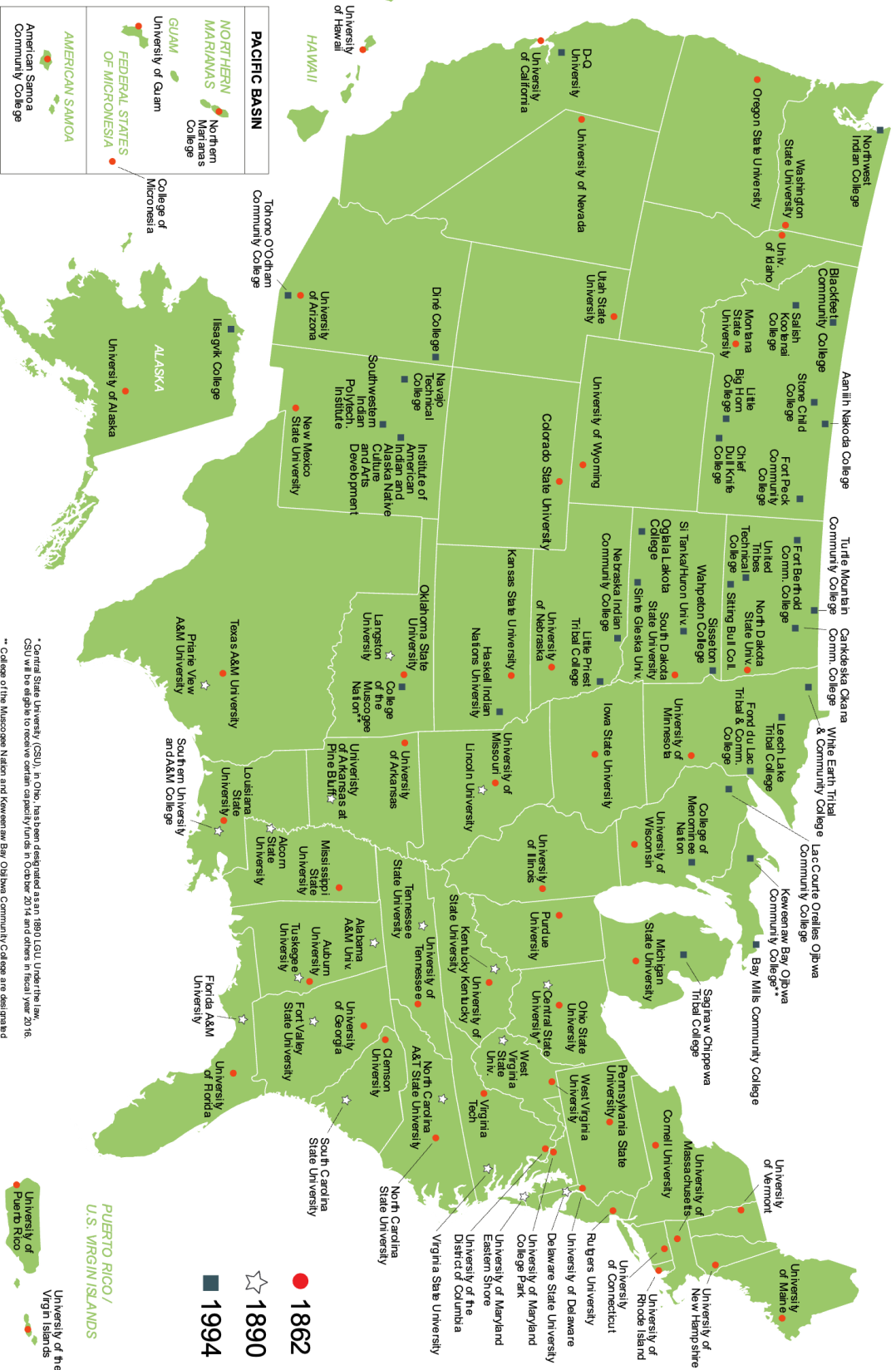


Fig 2