

Worksheet: Applying the Community Capitals Framework (CCF) with Military Families

Objective: Use this worksheet to assess and map the community capitals in the areas where you work and/or in areas where the military families you serve are located, identify gaps and strengths, and develop an action plan.



Part 1: Mapping the Community Capitals

Instructions:

For each type of capital, list the existing resources, strengths, and any gaps or challenges in the community. Consider how these elements impact military families.

1. Natural Capital

- **Resources & Strengths:**
(e.g., parks, natural beauty, outdoor recreation opportunities)
- **Gaps/Challenges:**
(e.g., limited access to green spaces, environmental concerns)

2. Cultural Capital

- **Resources & Strengths:**
(e.g., ethnic festivals, cultural traditions, community values)
- **Gaps/Challenges:**
(e.g., lack of representation of diverse cultures, language barriers)

3. Human Capital

- **Resources & Strengths:**
(e.g., educational programs, health services, skilled professionals)
- **Gaps/Challenges:**
(e.g., limited access to education, health disparities)

4. Social Capital

- **Resources & Strengths:**
(e.g., support groups, community networks, local organizations)
- **Gaps/Challenges:**
(e.g., social isolation, weak community ties)

5. Political Capital

- **Resources & Strengths:**
(e.g., advocacy groups, local government support, policy initiatives)

- **Gaps/Challenges:**
(e.g., lack of representation, limited political influence)

6. Financial Capital

- **Resources & Strengths:**
(e.g., financial institutions, grant opportunities, community funds)
- **Gaps/Challenges:**
(e.g., limited access to credit, economic instability)

7. Built Capital

- **Resources & Strengths:**
(e.g., transportation infrastructure, communication networks, housing)
 - **Gaps/Challenges:**
(e.g., poor infrastructure, limited public services)
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Part 2: Identifying Interactions and Opportunities

Instructions:

Review your responses in Part 1. Identify areas where investments in one type of capital might enhance another. Consider opportunities for collaboration or new initiatives that could address multiple forms of capital.

1. Interactions:

- Where do you see connections between different types of capital?
(e.g., Improving built capital could enhance human capital by providing better access to educational resources.)

2. Opportunities for Collaboration:

- Who can you partner with to strengthen these connections?
(e.g., Local businesses, community organizations, government agencies)

3. Potential Initiatives:

- What specific initiatives could you develop or support that would leverage multiple capitals?
(e.g., A community garden project that builds natural, social, and human capital.)
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Part 3: Action Plan

Instructions:

Based on your analysis, create an action plan that outlines the steps you'll take to enhance the support for military families by leveraging the Community Capitals Framework.

1. Goal:

- What is your primary goal in applying the CCF to your work with military families?
(e.g., Improve financial security for military families through community partnerships.)

2. Key Actions:

- List the specific actions you will take.
(e.g., Partner with local credit unions to offer financial literacy workshops.)

3. Resources Needed:

- What resources or support will you need?
(e.g., Funding for workshops, community volunteers, space for events.)

4. Timeline:

- Set a timeline for each action.
(e.g., Organize workshops within the next 3 months.)

5. Evaluation:

- How will you measure the success of your initiatives?
(e.g., Increased participation in financial programs, improved financial outcomes for families.)
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Reflection:

How will applying the Community Capitals Framework change your approach to supporting military families?

What challenges do you anticipate, and how might you overcome them?

This worksheet is designed to be a practical tool for military family service providers, helping them to systematically apply the Community Capitals Framework in their work and make informed decisions that benefit the families they serve.
