

# Risk Factors & Reasons for Food Insecurity Among U.S. Military Service Members



## ABOUT THIS WEBINAR:

The prevalence of food insecurity in the U.S. military is 25% compared to only 10% in the civilian sector. Substantial research has been done since 2018 to determine the risk factors and reasons for food insecurity as well as the subsequent consequences of food insecurity in the military. This presentation will review the published research on food insecurity in the military and discuss strategies to minimize food insecurity in the Armed Forces, including an example from the field at Joint Base San Antonio.

## EVENT PAGE:

<https://oneop.org/learn/160058/>

## CONTINUING EDUCATION:

- Registered Dietitian Nutritionists, and Nutrition and Dietetic Technicians Registered from the Commission on Dietetic Registration
- Certified in Family & Consumer Sciences (CFCS) from the American Association of Family and Consumer Sciences (AAFCS)
- Certified Nutrition and Wellness Educator (CNWE) from the AAFCS
- Certified Health Education Specialist (CHES) and Master Certified Health Education Specialist (MCHES) from the NCHCEC
- Certificate of Attendance

## PRESENTERS:

### **Matthew Beymer, PhD, MPH**

Statistician

Defense Centers for Public Health-  
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### **Mary Long, MA**

Chef

Culinary Health & Resiliency Instructor  
Joint Base San Antonio

### **Joanna Reagan, MS, MHA, MSS, RDN**

Public Health Nutritionist

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