

OneOp Monthly Newsletter

APRIL 2025

Upcoming Programming

 April 2, 2025


TRICARE ECHO Demystified: Eligibility, Enrollment, and Effective Support Strategies

Gain insights into the eligibility requirements of TRICARE ECHO, covered services, and the enrollment process, equipping them to effectively guide families in accessing and utilizing these benefits.

 April 10, 2025


Decoding Challenges: Understanding Adversity, Trauma, and Developmental Delay

Learn how to distinguish between neurodiversity or potential disability and the impacts of trauma or mental health concerns in children and students ages from birth to age 22.

 April 15, 2025


Military Spouse Employment: Empowering and Inspiring Self-Advocacy

Leverage the latest research and expert insights from human resources professionals, empowering military service providers to equip military spouses with practical strategies and the confidence needed to successfully navigate the workforce.

 April 23, 2025

Supporting Military Families: An In-Depth Look at the TRICARE Autism Care Demonstration

Explore the TRICARE Autism Care Demonstration (ACD), offering valuable insights into its scope, services, and benefits for military families.

 April 29, 2025

Dietary Supplements, Energy Drinks, and Operation Supplement Safety

Help service members and general consumers make informed choices about dietary supplement products and energy drinks with tools and resources available through Operation Supplement Safety.



Military Spouse Employment

Currently, military spouses are unemployed at a rate more than five times higher than the national average. Additionally, those who are employed earn approximately 38% less than their civilian counterparts. The Defense Department and private sector businesses provide resources, supports, and programs that are aimed at alleviating military spouse unemployment. These upcoming webinars will provide service providers with strategies to assist military spouses in gaining meaningful employment.

Military Spouse Employment: Empowering and Inspiring Self-Advocacy

April 15th, 2025 11 am - 12 pm ET

This webinar will utilize practical tools to effectively communicate with and educate employers about the challenges and opportunities related to military spouse employment. They will gain a comprehensive understanding of the current landscape of military spouse employment.

Continuing education opportunities:

- American Association for Family and Consumer Sciences
- Commission for Case Manager Certification
- National Council on Family Relations
- Society for Human Resource Management
- University of Texas at Austin, Steve Hicks School of Social Work
- Certificates of Attendance

Securing Capital and Mentorship as a Military Spouse Entrepreneur

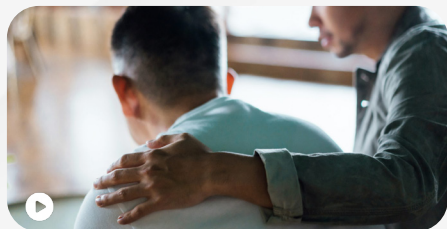
May 29th, 2025 11 am - 12 pm ET

In this webinar, attendees will gain knowledge about military-specific funding sources, strategies to ensure business continuity during relocations, and how to tap into supportive mentorship communities tailored to military spouse entrepreneurs. They will connect with key mentorship programs designed for military spouse entrepreneurs.

Continuing education opportunities:

- American Association for Family and Consumer Sciences
- Association for Financial Counseling & Planning Education
- Commission for Case Manager Certification
- The Center for Financial Certifications
- National Council on Family Relations
- Society for Human Resource Management
- University of Texas at Austin, Steve Hicks School of Social Work
- Certificates of Attendance

On-Demand Programming



Drug Trends and Impacts on Military Adults: Practical Suggestions for Mental Health Professionals

Discover strategies for clinically engaging military service members and their family members impacted by or experiencing Substance Use Disorder (SUD).



The Role of the Charitable Food System in Addressing Nutrition and Food Security

Learn about innovative organizational practices that are aimed at meeting the various health and social needs of those relying on food pantries.



Ethics of Care in Case Management: Communication, Boundaries, & Best Practices for Providers

Gain techniques to enhance interactions with clients with disabilities and their caregivers, strategies for boundary-setting, and ethical frameworks for decision-making.

Focused Programming: **Military Child Month**



April is designated as Military Child Month! It celebrates and highlights the importance of military children. Frequent relocations, parental separation, and other military transitions, on top of normal development, create an environment of constant change for military children. These OneOp resources underscore the various needs of military children and how service providers can work to ensure that military children thrive.

Feeding Minds, Fueling Futures through the Child and Adult Care Food Program

Children learn healthy eating habits from caregivers who recognize the importance of participating in the CACFP to help children grow and develop to their fullest potential. In this webinar, gain knowledge about CACFP's history and current meal patterns and hear from a Registered Dietitian administering the CACFP on a military installation.

Why Financial Skills Matter for Neurodivergent Children

About 15-20% of people are neurodivergent, which means they may have ADHD, autism, dyslexia, a specific learning disability, or a related diagnosis. Neurodivergent people have many strengths, but traditional teaching methods may not be best suited for them. Learning how to manage money is important for everyone, but it can be especially challenging for neurodivergent children, or kids whose brains work differently.

Field Guide to Family Advocacy: Supports for Military Families of Children with Disabilities

The four-part asynchronous and interactive course focuses on the rights of young children with disabilities in military families, eligibility for special education programs and services for children with disabilities available within military systems, and strategies to support military families as they navigate these systems in military contexts.



Achieve Your Goals with WOOP

Do you ever struggle to stick to your goals? Discover the WOOP method, a powerful tool that uses obstacles as stepping stones to success.

Discover WOOP (Wish, Outcome, Obstacle and Plan), a science-backed goal-setting practice that helps you overcome obstacles and achieve your goals. Learn how to apply this simple yet powerful tool to transform your habits and improve your well-being. Practicing Connection host, Jessica shares how WOOP has helped her in her personal life and how it can help yours!



We invite you to join the OneOp mailing list to stay updated!

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