

MILITARY FAMILY READINESS ACADEMY

September 24th, 2025

11 am - 12:30 pm ET

<https://oneop.org/learn/160097/>



LAUNCHING LEADERS: PREPARING MILITARY-CONNECTED TEENS FOR ADULTHOOD

This webinar will identify approaches, tools, and resources that can increase resilience and self-advocacy for military-connected teens. Presenters will highlight the critical role of positive youth-adult relationships and examine ways to support military-connected teens in their transition to adulthood.

Gain specific practical strategies for fostering protective factors to help military-connected teens build essential life skills to support a confident and informed transition to adulthood.

PRESENTERS:

Jenny Rea, Ph.D., Assistant Professor, Human Services, College of Applied Science and Technology, University of Arizona

Karen Baker, M.Ed., 4-H Youth Development Agent and Unit Coordinator, Virginia Cooperative Extension, Hampton, VA

The Military Family Readiness Academy is a comprehensive series designed to support service providers working with military families. This year, the 2025 Academy will address the critical issue of adolescent well-being. Academy learners can dive into the issues impacting adolescents in active-duty military families while identifying strategies and resources to better support youth.

The Academy includes a live interactive panel discussion and three interdisciplinary webinars led by military-connected youth experts. Over six weeks, the Academy will deliver professional development programs to equip service providers with the skills to support positive youth development.

DON'T MISS THE REST OF THE ACADEMY!

August 13th - [Unified Support for Military-Connected Teen Well-Being: A Panel Discussion](#)

August 27th - [Fostering Belonging for Military-Connected Teens](#)

September 10th - [Creating Accessible Youth Development Programs in Military Communities](#)

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