

2025

Military Family Readiness Academy

Military-Connected Youth Well-Being

Evaluation Report



2025 Military Family Readiness Academy Summary

1,492 learners accessed 2025 Academy programming, including:



1,060

live event attendees



39

podcast downloads



393

on-demand views

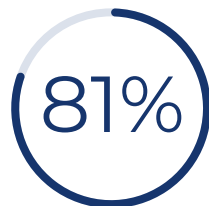
OneOp certified **639 continuing education credits** and generated **309 certificates of attendance** from Academy programming from August 13, 2025 to October 15, 2025.

Total learners accessing 2025 Academy programming is up 33% compared to the 2024 Academy. This includes a 142% increase in live attendance and 26% increase in on-demand views of the 2025 Academy. Average live event attendance across the four 2025 Academy events was 265 live event attendees per event; this is nearly double the average live event attendance across the three 2024 Academy event (146 live event attendees per event).

OneOp certified 35% more continuing education credits and generated 236% more certificates of attendance from the 2025 Academy compared to the 2024 Academy. To see year-over-year comparisons in learners and continuing education credits, please see Appendix B.



80% of Academy evaluation respondents (N = 90) reported that they feel better prepared to collaborate with professionals in other disciplines after attending Academy programming.



81% of Academy evaluation respondents (N = 90) reported that they feel better prepared to refer clients to Department of Defense, Extension, and other resources after attending Academy programming.



74% of Academy evaluation respondents (N = 90) reported that they feel better prepared to coordinate service delivery with other professionals after attending Academy programming.



63% of Academy evaluation respondents (N = 90) reported intentions to make changes to their work after attending Academy programming.

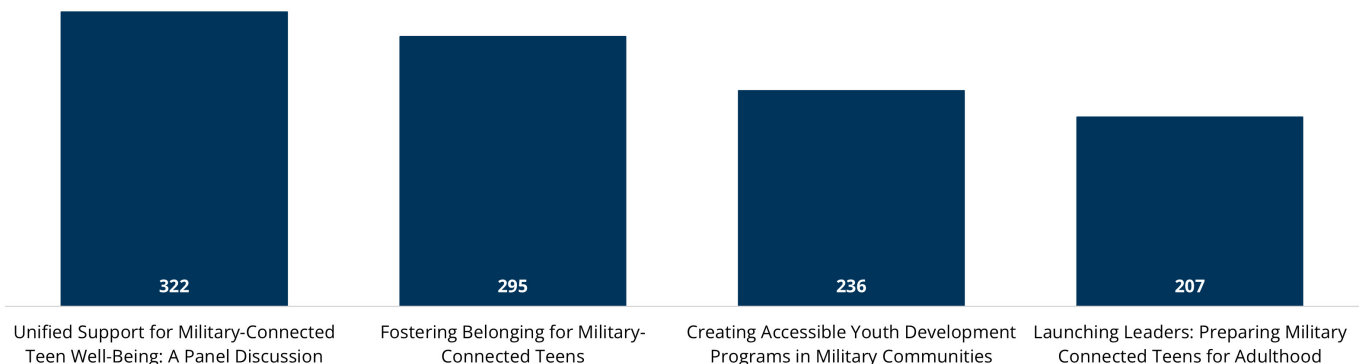
2025 Military Family Readiness Academy Evaluation Report

Leveraging the full capacity of OneOp, the Academy fosters the professional growth of the Military Family Readiness System's (MFRS) network of programs and services by promoting interdisciplinary thinking on the complex challenges military families face. Grounded in research and expert-led programming, the Academy enhances the knowledge and skills of the professionals who support the well-being of military families, empowering them to effectively address the needs and concerns of the families they serve. By encouraging collaboration, the Academy helps professionals within the MFRS connect with those outside their immediate fields, strengthening the MFRS and enabling quick referrals and improved support for military families.

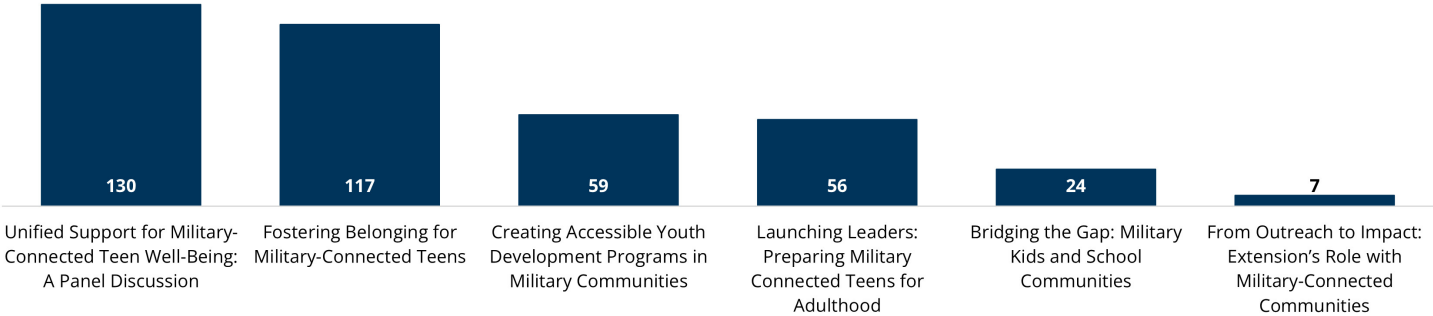
The 2025 Military Family Readiness Academy, *Military-Connected Youth Well-Being*, offered free professional development opportunities for service providers to gain the knowledge and skills to support positive youth development. The Academy panel discussion brought together four experts to discuss mobilizing multi-pronged systems of support across the Defense Department's Military Family Readiness System using strengths-based approaches to bolster youth well-being. The Academy's three webinars focused on the impact of military life on adolescents, positive outcomes through youth development programs, and the role of protective factors across the MFRS domains of well-being. For more information on the individual Academy events, [please click here](#).

There were a total of **1,492 learners** who accessed Academy programming between August 13, 2025 and October 15, 2025. During the same time frame, OneOp certified **639 continuing education credits** and **309 certificates of attendance** from Academy programming.

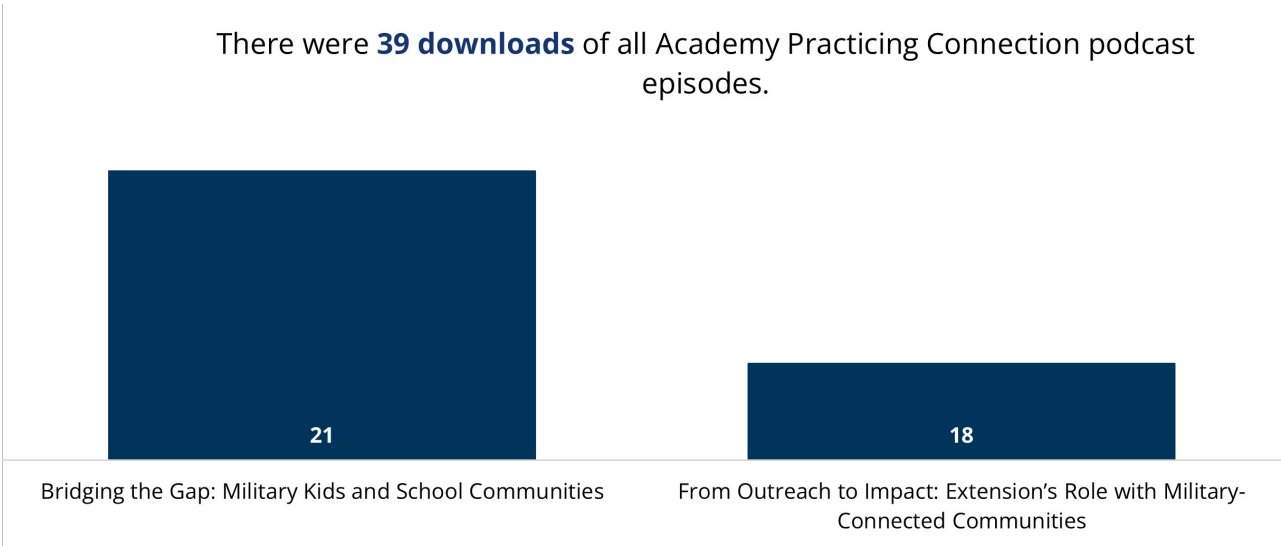
There were a total of **1,060 live event attendees** across the four Academy events.



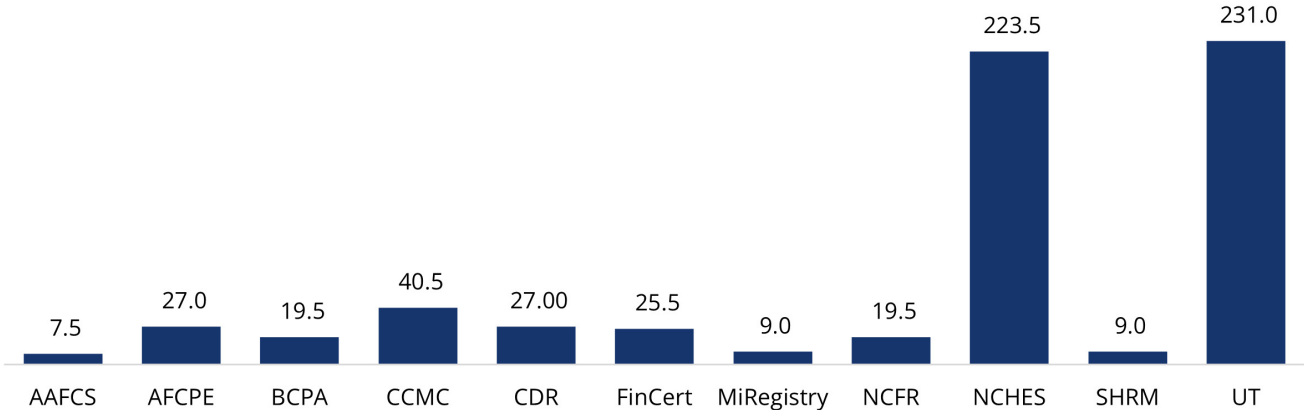
Academy webinars and podcasts have **393 on-demand** views on YouTube



There were **39 downloads** of all Academy Practicing Connection podcast episodes.

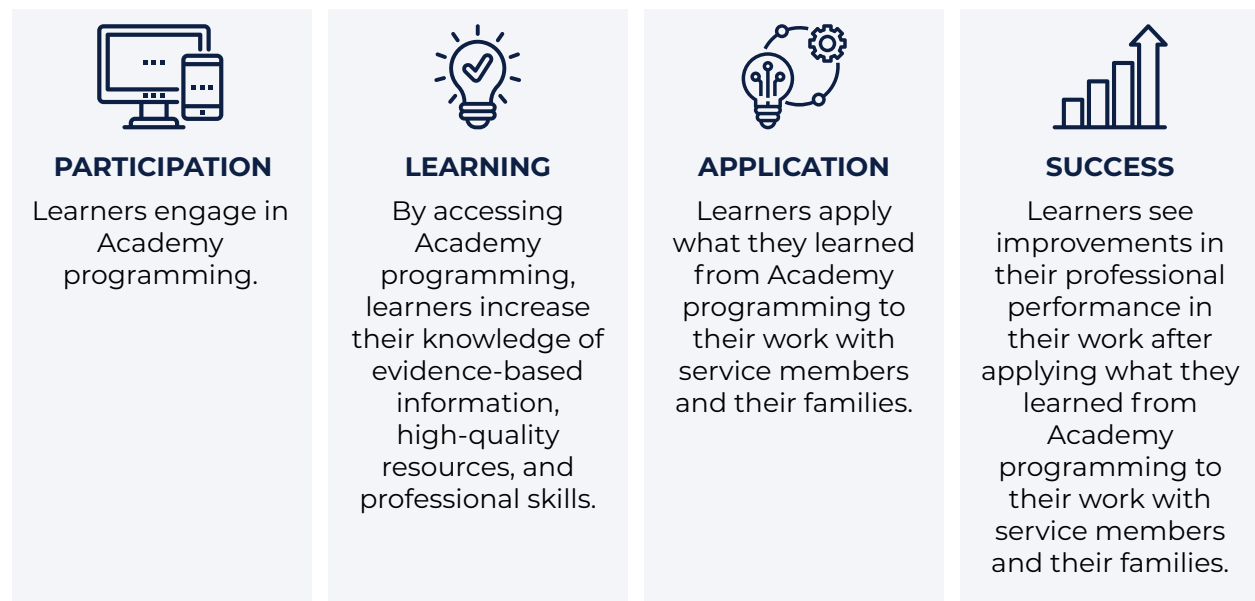


A total of **639 continuing education credits** have been certified from *Military-Connected Youth Well-Being*.



ACADEMY EVALUATION

OneOp measures the effectiveness of Academy programming by assessing each stage of the following knowledge path. This knowledge path is based on the Value Creation Model developed by Wenger-Trayner and Wenger-Trayner (2020)



To assess learning and application, immediately after program participation, learners are invited to take part in the webinar evaluation survey through Qualtrics. Respondents report if they gained knowledge capital (i.e., evidence-based information, resources, and/or skills). There were 767 respondents to Academy webinar evaluation surveys between August 13, 2025 and October 15, 2025.

A week after the last Academy event, any learner who received a continuing education credit or certificate of attendance was invited to respond to the Academy evaluation survey through Qualtrics. Respondents reported on their work with military families, their participation in Academy programming, and changes to their service delivery coordination, collaboration, and ability to make referrals (*learning*). Respondents were asked if they intend to make changes to their work as a result of their participation in Academy programming (*application*). Respondents who answered affirmatively were asked to describe the changes they intended to make and if they believed making those changes would result in improvements to their work (*success*). Respondents were offered a \$10 Amazon e-gift card for their participation in the survey. For sample descriptive information, please see Appendix A.

LEARNING

OneOp measures change in knowledge capital immediately following program participation.

The vast majority of webinar evaluation respondents (N = 767) reported increased knowledge capital after attending Academy programming.

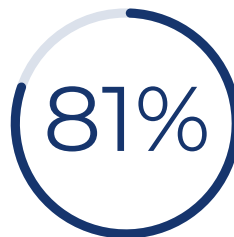
93% of webinar evaluation respondents gained new evidence-based information, 93% learned about new resources, and 88% gained new skills.



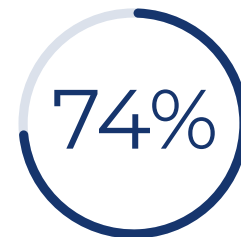
Collaboration, referrals, and service delivery coordination are key skills for providers working within the Military Family Readiness System. Increased collaboration, referrals, and service delivery coordination helps federal and non-federal agencies work together to achieve common readiness goals. Changes in these skills are measured after the completion of the Academy.



of Academy evaluation respondents (N = 90) reported that they feel better prepared to collaborate with professionals in other disciplines after attending Academy programming.



of Academy evaluation respondents (N = 90) reported that they feel better prepared to refer clients to Department of Defense, Extension, and other resources after attending Academy programming.

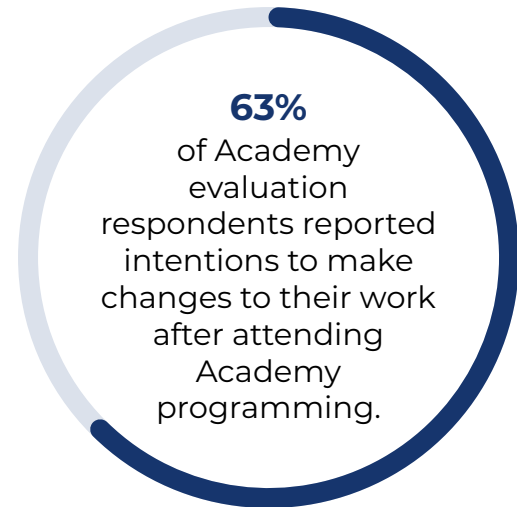


of Academy evaluation respondents (N = 90) reported that they feel better prepared to coordinate service delivery with other professionals after attending Academy programming.



APPLICATION

OneOp measures potential application of knowledge capital after the completion of the Academy. Learners need to implement new knowledge in their own work to see improvements in their professional performance (Wenger-Trayner & Wenger-Trayner, 2020). Academy evaluation respondents (N = 90) reported on their intention to make changes to their work after attending Academy programming. Below are some select quotes from respondents on changes they intend to make to their work.



"I will build better collaboration between programs in order to maximize resources and support for families."

"I'll ask more questions about the needs of the military family, instead of focusing on the offerings."

"I anticipate working on a teen peer-to-peer mentor program for home-schoolers PCSing."

"I plan on utilizing the school liaison, as well as recommending 4H for community engagement and support."

Academy evaluation respondents who reported feeling better prepared to refer clients to resources were more likely to report intentions to make changes to their work, $r(87) = .33$, $p < .01$. Additionally, Academy evaluation respondents who reported feeling better prepared to coordinate service delivery were more likely to report intentions to make changes to their work, $r(90) = .26$, $p < .05$. Feeling better prepared to collaborate is not associated with intentions to make changes to work, $r(87) = .05$, $p = .66$. Respondents may not view implementing new collaboration skills as a change to their work, but as a way to be more effective in their work. Whereas making new referrals and engaging in new ways of coordinating service delivery may be perceived as a change to their current work activities.

The number of events Academy evaluation respondents participated in was not associated with intention to make changes to work, $r(87) = .02$, $p = .66$. Attending even one Academy event can result in participants gaining information, skills, and resources that they can incorporate into their work.



Academy evaluation respondents who reported that they intended to make changes to their work after attending the Academy ($n = 57$) were asked if they believed that the intended changes would positively impact their professional performance. Learners who believe that implementing changes will positively impact their work are more likely to actually implement the changes (Wenger-Trayner & Wenger-Trayner, 2020).



ACKNOWLEDGMENTS

Thank you to our 2025 Academy speakers: Dr. Mallory Lucier-Greer, Brent Edwards, Dr. Gregory Leskin, Dr. Casey Mull, Dr. Sabrina Richardson, Terri Jones, Kristen Acquah, LTC Joetta Khan PhD, MPH, RD, Darlene Locke Ed.D., Erin Fogarty, MS, CTRS, Dr. Jenny Rea, Karen Baker, LTC Mark Paolicelli, Dulce Carrillo, and Karrie Calloway.

Thank you to the Millennium Cohort Study for sharing SOAR findings to support Academy programming. Continued thanks to the Office of Military Community and Family Policy for their continued support of OneOp programming.

CITATIONS

Wenger-Trayner, E., Wenger, E., & Wenger-Trayner, B. (2020). *Learning to make a difference: Value creation in social learning spaces*. Cambridge University Press.

AUTHORSHIP

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APPENDIX A: ACADEMY EVALUATION DEMOGRAPHICS

Academy Evaluation Respondent Demographics (N = 90)

	Frequency	Percentage
Employment		
Branch Services	26	30%
Department of Defense	8	9%
Department of Defense Contractor	10	11%
Other Federal Government Agency	3	3%
Veteran Affairs	2	2%
Extension/University	11	12%
Other	30	33%
Education		
High school diploma or equivalent	4	4%
Associate's degree	2	2%
Bachelor's degree	21	24%
Master's degree	57	63%
Doctoral Degree	6	7%
Seniority Level		
Entry-level	6	7%
Associate	20	22%
Lead	20	22%
Manager	16	18%
Director	11	12%
Executive	17	19%
Academy Participation		
Accessed all four event	20	22%
<i>Accessed Unified Support for Military-Connected Teens' Well-Being: A Panel Discussion</i>	39	43%
<i>Accessed Fostering Belonging for Military-Connected Teens</i>	54	60%
<i>Accessed Creating Accessible Youth Development Programs in Military Communities</i>	48	53%
<i>Accessed Launching Leaders: Preparing Military-Connected Teens for Adulthood</i>	39	43%

APPENDIX B: Year-over-year growth

Academy Evaluation Respondent Demographics (N = 90)

	2024 Academy	2025 Academy	% Change
Total Learners	1,122	1,492	↑33%
Live event attendance	438	1,060	↑142%
Course Enrollments*	230	-	-
Podcast Downloads**	143	39	↓73%
On-demand views	311	393	↑26%
Registration	1,321	2,717	↑106%
Continuing education credits certified	473	639	↑35%
Certificates of attendance generated	92	309	↑236%

*The 2025 Academy did not include an asynchronous course in its programming.

**Nine podcast episodes were produced to align with the 2024 Academy programming; two podcast episodes were produced to align with the 2025 Academy programming.