

# OneOp Monthly Newsletter

MARCH 2026

## Upcoming Programming

 March 5th, 2026

### The Importance of Engaging Caregivers in Clinical Services

Determine strategies to enhance professional and caregiver engagement in clinical services using research-based methods.

 March 18th, 2026

### Key Ethical Implications of Substitute Decision-Making & Guardianship

Gain an in-depth examination of the ethical, legal, and clinical complexities that emerge when individuals cannot make decisions for themselves.

 March 26th, 2026

### Ethics in Action: Applying Ethical Standards in Financial Counseling

Examine the Military Standards of Ethical Conduct, the AFCPE Code of Ethics, financial disclosure requirements, and federal gifting guidelines.

 April 2nd, 2026

### Strong Starts, Steady Bonds: Helping Young Children Thrive Through Change

Explore how to support caregivers in building secure attachments through responsive caregiving, even during deployments or training absences.

 April 8th, 2026

### Child Development: Knowledge, Behavior, and Healthy Boundaries

Identify factors linked to the development of problematic sexual behavior (PSB) and outline steps to prevent or respond to these concerns.

## Economic Readiness and Military Family Well-Being



The series equips service providers with the skills necessary to support family well-being while navigating the terrain of economic security for military service members and families. The on-demand course will provide a foundation primer to economic security and family well-being for professionals. The on-demand webinars in the series will frame economic security through the lenses of emotional, physical, social, and financial well-being by exploring programs, discussing gaps in services, and investigating ways to better link families in need with services.

### Foundations for Military Family Financial Readiness

This course provides an overview of the impacts of financial readiness on military family well-being. Emphasis will be placed on understanding the foundations of economic security, including social and economic drivers required to sustain improved quality of life among military families.

### Strengthening Health, Wellness, and Financial Security Through Total Force Fitness

Total Force Fitness focuses on the service member's entire health throughout their career. This webinar discusses the financial fitness dimension and how economic insecurity can affect the other wellness dimensions.

### Balancing Military Spouse Employment with Family Economic Well-Being

The challenges faced by military spouses in maintaining employment are often overlooked. This webinar addresses the ways in which the War Department endeavors to positively influence the career trajectories of military spouses.

### Enhancing Military Family Well-Being: Understanding and Nurturing Economic Security

This webinar discusses factors that can impact economic security such as social dynamics, environmental factors, and community characteristics. Discussion during this event focuses on how these factors relate to health and wellness as a foundation of economic security.

# On-Demand Programming



## **Counseling Military Families with Eating Challenges**

Identify resources available to service providers working with individuals experiencing maladaptive eating behaviors.



## **Nourish to Flourish: Nutrition Strategies for Breast Cancer Survivors**

Help survivors feel confident in their food choices and understand how nutrition supports healing, recovery, and long-term wellness.



## **FinTech: Navigating Regulations and Risks in Financial Counseling**

Assist military families on the opportunities, risks, and ethical considerations of utilizing these emerging financial technologies.

## **Focused Programming: Child Development**

This six-part webinar series follows children from birth through young adulthood. It focuses on the unique experiences of military families and families raising children with disabilities. Each session connects child development to key parts of family readiness, helping children adjust, learn, and grow through moves, deployments, and changes in services or support. Discover the first four webinars of the series.



## **Foundations of Trust & Collaboration Podcast Bundle**

This learning bundle consists of six podcast episodes, each focused on a core aspect of building trust and connection within teams. Each episode introduces a key concept, shares examples, and guides listeners through actionable practices.

### **Topics Covered:**

Welcoming Practices  
Sincerity  
Reliability and Clear Communication  
Competence and Self-Assessment  
Care and Compassion  
Active Listening and Deep Respect

**Discover this unique learning opportunity today.**



### **Helping Young Children Thrive Through Change**

This session explores how to support caregivers in building secure attachments, even during deployments or training absences. Identify strategies for sustaining caregiver-child attachment during separations.

### **Practical Strategies for Supporting Preschoolers Through Change**

Preschool is the perfect time to help children learn flexibility, problem-solving, and self-help skills. Professionals will learn how to use adaptive tools and keep things consistent so children feel safe and secure.

### **Supporting Continuity for Mobile Elementary Students**

When elementary students change schools, even motivated students can struggle. This webinar provides strategies to keep children engaged and successful through relocation and other school transitions.

### **Helping Preteens Thrive Through Change**

This session will equip learners to help students gain self-advocacy skills, keep friendships across distance, and access activities soon after a move. Learn approaches that build confidence, adaptability, and leadership.



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