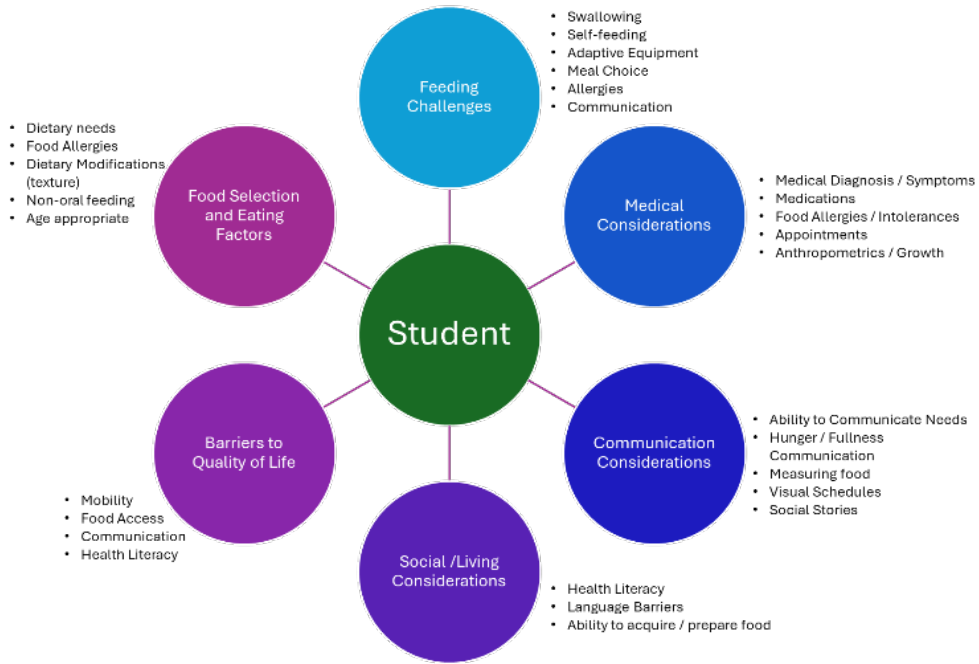


Nutrition and Feeding Goals in the IEP / 504 Plan

Step 1: Identify the Nutritional or Feeding Needs

A multi-disciplinary medical, educational and family team should assess the student's specific nutrition and feeding needs. Common examples stem from conditions such as diabetes, swallowing difficulties, food allergies, gastrointestinal disorders or developmental disabilities. These needs may change over time. Use the graphic below to ensure you complete a full assessment of the nutritional or feeding needs.



Step 2: Create Nutrition/Feeding-Related Goals

Goals should be measurable and achievable and based on the students identified nutrition and feeding needs. Include a brief explanation of the importance of the goal and connect it to the specific outcome. Many times, these goals can be directly related to the educational or community environment. *(e.g., X will maintain blood glucose levels within normal limits to increase independence, X will choose allergen free foods at lunch to increase independence, X will continue oral activities to participate in age-appropriate eating activities).*

<p>List out Assessed Needs:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Parent Concerns:</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Goal: _____

Step 3: Create Short Term Objectives (STOs) to support the Goals

STOs should be created in logical steps to help the child meet their goals, they should be SMART (Specific, Observable, Measurable, Realistic and Timebound) and they should include one or more conditions specifying the assistance the student should receive (amount and type of support). (e.g., *Given a feeding chair, Chewy Tube, and physical assistance, X will tolerate the Chewy Tube placed inside her mouth and rubbed against her top and bottom teeth for at least 15 seconds during two of three daily opportunities for 5 consecutive days or Given the glucometer reading and support from the school nurse, X will correctly identify the amount of insulin needed to treat blood sugars 4/5 times over a two-week period.*)

Identify Supports Available (e.g., feeding tools, special chairs, school nurse support, hand over hand, etc.): _____

STO 1: _____

STO 2: _____

STO 3: _____

Step 4: Identify Emergency Procedure, Communication and Staff Training Needs.

These needs should be based on the initial assessment. These needs are impactful in supporting the educational system to support the child and create a safe environment.

Emergency Procedure Needs: _____

Communication Needs: _____

Staff Training Needs: _____

The point of contact for this Nutrition and Feeding related goal is the undersigned and may be reached at (PHONE/EMAIL).

Provider Name
Provider Credentials
Provider Contact